



BUILDING YOUR EMERGENCY SUPPLY KIT

THIS IS A SUGGESTED LIST OF ITEMS TO BE INCLUDED IN AN EMERGENCY SUPPLY KIT. IT IS BASED ON THE LIST PROVIDED BY FEMA ([HTTPS://WWW.GOV/KIT](https://www.gov/kit)) WITH SEVERAL ADDITIONAL ITEMS. THIS IS A RECOMMENDED LIST OF SUPPLIES, BUT EACH PERSON SHOULD TAILOR HIS/HER EMERGENCY SUPPLY LIST TO MEET HIS/HER PERSONAL NEEDS AND THE NEEDS OF THEIR FAMILY.

BASIC EMERGENCY SUPPLIES

- Water (one gallon per person, per day for several days for drinking and sanitation)
- Food (several-day supply of non-perishable food)
- Battery powered radio
- Cell phones with chargers and back-up batteries
- Flashlights with extra batteries and bulbs
- Lanterns with extra batteries and bulbs (for better lighting if electricity is out)
- First aid kit
- Extra band aids
- Pain relieving ointment
- Whistle (to signal for help)
- Dust mask (to help filter contaminated air)
- Plastic sheeting and duct tape (to shelter in place)
- Garbage bags and plastic ties
- Moist towelettes
- Wrenches (pliers, crescent wrench, pipe wrench, etc. to turn off gas and electricity)
- Water meter key (to turn off water)
- Utility knife
- Multi-purpose pocket tool
- Manual can opener
- Emergency blankets
- Rain ponchos and/or rain suits
- Local maps
- Contacts list (sheriff, police, fire, EMS, etc.)

MAINTAINING YOUR EMERGENCY SUPPLY KIT

Keep canned food in a cool, dry place.

Store boxed food in tightly closed plastic or metal containers.

Replace expired items as needed.

Re-think your emergency needs every year and update your kit as your personal and family needs change.

PREPARING FOR AN EMERGENCY

Have a written plan to evacuate in case the emergency requires evacuation.

Make sure each member of your family fully understands the evacuation plan.

Have your emergency supply kits ready to go.

Make sure every member of your family knows where your emergency supply kits are located.

ADDITIONAL EMERGENCY SUPPLIES

- Masks (for everyone ages 2 and older)
- Soap
- Hand sanitizer
- Disinfecting wipes (for disinfecting surfaces)
- Prescription medications
- Non-prescription medications (pain relievers, anti-diarrhea medications, antacids, laxatives, etc.)
- Prescription eyeglasses and protective cases
- Contact lens and protective cases, disinfecting solutions and wetting solutions
- Pet food and extra water for pets
- Cash or travel's checks
- Important family documents (identification for each person, insurance policies, bank records, etc. all saved electronically or in waterproof, portable containers)
- Sleeping bags and warm blankets for each person
- Complete change of clothes for each person
- Sturdy shoes
- Fire extinguisher
- Matches (in waterproof container)
- Feminine and personal hygiene items
- Mess kits, paper cups, paper plates, paper towels, and plastic utensils
- Paper and pens/pencils (in waterproof container)
- Books, games, puzzles or other activities for children

STORING YOUR EMERGENCY SUPPLY KIT

Emergencies can, and usually do, occur without much warning. So, it is a good idea to have kits for home, work and in your car. Store your kits in designated places and be sure all family members know where your kits are stored.